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Training the Whole Horse®
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The Horse that Led to DO NO HARM

The horse I had that led me to the path of DO NO HARM was a 15 y/o broodmare. After I experienced two concussions in one summer with her I set out on the path of finding a way to better control her, but found a profound way to communicate and be safer with her instead. She became the safest and loving friend I always wanted, but as she aged I knew she couldn't run the hills anymore and needed a new job. A lovely woman bought her for her 11 y/o daughter and I said goodbye as she was loaded up and driven away.

It has been over 5 years since I said goodbye, but she had been on my mind and in conversations the last month wondering how she was. A woman came to one of my clinics a couple weeks ago and signed up for a 1-day Intensive for her horse and mentioned the name of a woman who gave lessons with horses for kids in her area. The name of the woman was the same who had bought my old mare and as we talked my student advised that my old mare was still with the woman.

Yesterday I traveled to my student's barn to perform the 1-day Intensive and after lunch we went to visit my old mare who was just across the street. We ventured out behind the barn and found the old girl dosing under the tree while it rained. Her owner called out the name she has known for the last 5 years. She casually glanced at us and then I called her by the name she knew when she lived with me.

She looked again and slowly moved towards us then her pace quickened and she softly nickered with a deep voice resonating through her nostrils in recognition. She came right up to me as a long time friend. I bent down to breathe in her smell and we exchanged breathe. A deep abiding closeness fell between us as a lump swelled in my throat in the realization of how much I had missed her.

It was a moment I will have with me forever. For this horse led me to the profound and abiding path of DO NO HARM.....

For high res pictures email Info@MissyWryn.com or call 503-630-3744.

Nationally recognized horse trainer Missy Wryn developed Training the Whole Horse® on the foundation of Do No Harm. Specializing in Iron Free (bitless-spurless) riding for both English and Western trail riders, Missy teaches safer communication and control while maintaining an affectionate relationship between you and your horse. Missy Wryn is also the founder of IRON FREE Riding, HorseMAREship, Sisters of the Saddle, DO NO HARM Today and Nature's Balance Care™ plus inventor of the ALL-IN-ONE Rope Halter Bitless Bridle. Visit www.MissyWryn.com for more information.