

Join Missy Wryn and experience her Training the Whole Horse® techniques with Liz Mitten-Ryan's Herd at the E.A.R.T.H. (Equine Assisted Re-connective Therapy and Healing) Workshop September 4-11th, 2010. Visit www.LizMittenRyan.com for details and registration

Missy has developed *Training the Whole Horse*® methods and techniques on the foundation of **Do No Harm**. Specializing in **Iron Free (bitless-spurless)** riding for both English and Western trail riders, Missy teaches safer communication and control while maintaining an affectionate relationship between you and your horse.

During the E.A.R.T.H. Workshop you will have the opportunity to work with Missy's *Starting Under Saddle* program and journey into level I of the *Iron Free Mastery Program* (riding Iron Free – no bits no spurs), both steps in her Certified Mastery program.

Starting Under Saddle Mastery Course:

- Level I teaches herd language, herd leadership, equine anatomy, and functions of the horse both physically and emotionally while preparing and conditioning the horse with groundwork and training techniques for introduction to the saddle.
 - Included in Level I you will learn the Four Core Emotional Concerns Missy's identified that humans and horses share.
 - Missy's Wholistic Joining which invokes a horse's natural instinct to recognize you as their herd leader. Wholistic Joining is a herd language based alternative to round penning methods.
 - Three Foundations every horse should learn to be safer around you while deepening communication and companionship.
- Level II is advanced techniques with beginning riding under saddle bitless.
 - Included in Level II Missy teaches Five Fundamentals that Translate Under Saddle for a Safer Bitless Ride.
 - Setting foundations for walk, trot, whoa and the horse's emergency handbrake as the safe and loving place we go when we're in trouble.

As the week progresses and horses allow we'll move into level I and 2 of Iron Free Mastery where you and the horse will learn and refine cues such as backing up, turning, turning on the haunch, turning on the forehand, drop rein whoa and the safe and loving emergency handbrake.

For more information and to register visit: www.lizmittenryan.com. (watch the trailer for EQUINISITY and the slide show on the workshop page)