

Missy Wryn “W”Holistic Horsemanship Now a Team Easyboot Member

It's an exciting honor to have been chosen as a member of Team Easyboot. I have been using Old Mac boots for over seven years now running the mountain trails, swimming the creeks, jumping the downed trees and slogging through the Oregon mud. Living in a soggy part of the country causes tender feet for some horses especially for my horse Paco. Old Macs give us the freedom to run full out on the logging roads without any ouchy feet. Paco wears Old Macs on all four feet as well as Benny, but my Thoroughbred Bear, only had to wear the Old Macs on the front after a year of barefoot rehab.

I chose to go barefoot many years ago when my horse's feet were continually sore from riding the logging roads with shoes. My farrier tried pads and all sorts of various aids, but my horses would get fungus, or would be sore or I'd lose a shoe flying around a corner at full speed (my horses and I love to run). It was an ongoing frustrating battle with shoes and expensive too with a lot of downtime. So when my farrier suggested boots and explained the anatomy of the hoof as a heart pump I began researching boots and barefoot rehabilitation.

My farrier, who is a certified barefoot trimmer and accredited balanced shoer, explained that horses have five hearts, one in their chest and four on the ground. The hoof is designed to make contact with the ground which creates negative pressure drawing blood into the hoof capsule providing shock absorption then pumping the blood back up into the leg with each step as a heart pump. With my simplistic understanding that meant shoes interrupt this natural process and they obviously were not appropriate for my horses on the logging roads and trails.

I tried many styles of boots and found the Old Macs to be the best for me with their comfort for my horses, appropriate ground contact for their hooves, and the ease of putting them on and taking them off. Old Mac boots are a standard piece of equipment for my “W”Holistic Horsemanship training program with a rack in my tack room of two pairs in every size and four pairs of the more common sizes. As I hit the trails for trail training, every horse experiences comfortable footing in their Old Macs.

Missy Wryn is a “W”Holistic Horsemanship *Training the Whole Horse*®. Specializing in problem and dangerous horses Missy has developed a unique, pain free, fear free and exhaustion free approach to training horses. No more running around in a round pen scaring and exhausting the horse and exhausting you. Truly a new and easier approach to understanding herd language and effective communication that your horse will honor and respect while having fun and being safer. Visit www.WHolisticHorsemanship.com for information about Missy, her “W”Holistic Horsemanship training program and schedule of clinics and appearances across the US, Canada, Europe and Australia. Call 866-821-0374 to schedule Missy for your event or clinic in your area, or email Missy@WHolisticHorsemanship.com.

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