

“Woman to Woman” Natural Horsemanship Clinic With Featured Trainer & Author Missy Wryn

Join Missy Wryn June 16, 2007 at the Natural Horsemanship of Oregon where you will experience Nurture-Nature Horsemanship® along with “W”Holistic Natural Horsemanship® for yourself. “As women we have natural gifts of gentleness, nurturing and patience”. Missy goes on to say, “women often get mixed signals about being too soft or not tough enough with our horses. I have developed a program that I call Nurture-Nature Horsemanship® which balances a woman’s nature with the horse’s nature creating a deepening trust and safer companionship. I want more than a partnership; I want a companion, a friendship with my horses along with willing safer compliance using gentleness and respect.”

Along with Missy’s Nurture-Nature Horsemanship® program she incorporates “W”Holistic Natural Horsemanship® which addresses the **source** of behavior and training problems while redirecting the behavior for positive lasting change and harmony between human and horse. During her clinics she demonstrates basic pain assessment and evaluation that goes hand in hand with the Nurture-Nature Horsemanship® program. The outline for the clinic is as follows:

- Use your natural gifts as a woman for effective communication
- Gentleness, respect & honor
- Techniques for troubles
- Working with ALL disciplines & ALL breeds
- Safer and compliant precision riding IRON FREE (no bits or spurs)
- Pain assessment using “W”Holistic Natural Horsemanship® techniques
- Frank Bell’s 7 Step Safety System

To find out more or sign up for the clinic visit www.WHolisticNaturalHorsemanship.com, or call 1-866-821-0374.

Soon to be released Missy’s DVD highlighting her clinics on Nurture-Nature Horsemanship® & “W”Holistic Natural Horsemanship®

Excerpt from Missy’s upcoming book “W”Holistic Natural Horsemanship®:

The use of your body language applying pressure and the quick release of pressure will dramatically accelerate your horse’s learning curve. Be aware of the message you are sending with your body, your horse is watching.

It is important that you “**know**” your horse before you start applying pressure using your body language. For instance, I had an Arab mare in my training program for fear, spookiness and general distrust of the human herd. Whenever I walked into her stall she always walked out calmly into her paddock. It didn’t matter that my shoulders and head were dropped, eyes lowered and I walked in softly cooing to her with an outstretched hand. Typically when a horse turns their butt to you and walks off you should run that horse off; *he who moves the others feet first is in control*. But if I ran her off it would have reinforced her fear and lack of trust. Therefore, I allowed her to walk out of the stall into her paddock where she felt safer. As I stepped into the paddock I would turn my back to her maintaining my soft countenance and outstretched hand. She always stopped and turned to look at me which was the signal that she was ready for me to put on her halter. She just needed a moment of her space which I recognized and honored. Typically any

other horse I would have run them off and moved their feet to reinforce my leadership. But knowing this horse was critical to building her confidence and trust in order to have a safer willing companion. If you find a technique is too much pressure for your horse change the technique. Listen to your horse. Keep in mind there is no **one** technique that fits all horses because every horse is different.

For more information call the Natural Horsemanship Center of Oregon 1-866-821-0374 or email Missy@WHolisticNaturalHorsemanship.com.